

# THE 20 REASONS

## Girls Enter and Stay In the Sex Industry

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From communities across Canada, untold numbers of young women\* are involved in escorting, street walking, exotic massage, stripping and pornography. These common activities of the domestic sex industry strip away “human dignity” and have a “disproportionate impact on women and children”.\*\* Despite the resulting extreme emotional and physical toll, many young women will remain in the industry for a very long time. It can be truly devastating for family and friends to watch this happen, and it can also be confusing to understand why the girls don’t just come home. In the end, most make it out alive, but none remain unscathed. The damage inflicted can be severe.

With society’s growing acceptance of nonconforming behaviours, many young people have adopted a casual view of commercial sex. As a result, more kids from functional homes are participating in sex industry activities, than ever before. While there may be a lack of obvious precursors for some, it’s important to note the likelihood of involvement exponentially increases when additional factors are present. Understanding the roots of vulnerability is invaluable, whether safeguarding young people from exploitation or helping them escape it. Ethnicity and socioeconomic status do have some bearing, but the more helpful risk indicators are as follows:


- Female adolescent
- Absent or inattentive father
- Neglect or parental dysfunction
- Parental substance abuse/addictions
- Abuse: emotional, physical or sexual.
- Depression or other mental health issues
- Social difficulties/lack of stable peer relationships
- Developmental challenges
- Use of drugs/alcohol by the young person
- Estrangement from family, including homelessness and foster care


Young men are also commercially sexually exploited, but less frequently. Their experiences are not the same. To begin with, physical differences often render the girls more vulnerable to the violence that so often occurs. But male minds may also serve as a defense. Young men do not experience the same loss of self-determination as their female counterparts, and will more easily remove themselves from sex industry activities when they feel it is time to do so.











Many young women entering the sex industry are introduced to it by traffickers who use coercion to exploit them for their own gain. Others may enter without that level of duress, but once a female is exposed to the sex industry, she faces an exponentially greater risk of human trafficking. While pimps often pose as “boyfriends” or “agents”, most are, in fact, human traffickers.

*\* Adolescent girls are most at risk for entry into the sex industry. With that in mind, I use the terms “girls” and “young women” throughout this document. This information is also very applicable to women, but may be less pertinent to preadolescent children.*

*\*\* Taken from the preamble to Canada’s prostitution legislation, Protection of Communities and Exploited Persons Act, 2014.*

Traffickers exploit their victims for the profits, and sometimes, to gain notoriety amongst their peers. In contrast, the reasons girls enter and stay in the sex industry are much more numerous and complex. Below is a list of 20 common reasons why girls go into the sex industry and/or don't come home. All 20 may not apply to any one person, but at least a few probably will. Every point on the list is a common tactic used by pimps to lure or trap their prey, and each is highlighted with a  male icon.

Half of the list also applies to girls who may not be human trafficking victims, but are ensnared nonetheless. Entering the sex industry may be the result of a last-resort decision in a desperate situation, or a response to its enticement by a young person feeling lost. Even for girls without a pimp, exiting can be a great challenge. A female icon is used to  indicate which points are also applicable to those not controlled by traffickers.

-   1. Fast Money  
A great deal of money can be made quickly in the sex industry. Young women may be motivated by pressing financial needs, or simply be drawn by its seductive lure. Once a girl is entrenched in the sex industry, low paying jobs seem untenable. The draw of fast money can remain with her even when her pimp takes the money away as fast as she brings it in.
-   2. Glamour  
For someone entering the sex industry, fancy clothes, expensive gifts and fast cars create a convincing illusion of a glamorous lifestyle. This can more powerfully affect those from low income homes.
-   3. Intrigue  
The sex industry is often fast paced and unpredictable. Those involved may frequently experience an adrenalin rush. This tends to be habit forming, with the desire to repeat the behaviour. As drama and danger become part of their normal world, peace and quiet may become boring or uncomfortable.
-   4. Validation  
Girls who are starved for validation, especially from fathers, may feel an emotional need is being met through sex industry activities. Although the men they will encounter are self-serving, their brief attention may feel comforting. For some, this is a primary reason to remain in the sex trade.
-  5. Counterfeit Love  
The most common approach utilized by Canadian traffickers is the illusion of love. Attention, affection and gifts are all part of the ploy. Trapped girls often view their trafficker as a boyfriend, long before they realize he is their pimp.
-  6. False Promises  
Traffickers commonly motivate girls with promises that can be as simple as a gift or special treatment; or it can be a tale about a happy future that doesn't involve "working". Younger girls and those with developmental challenges are especially vulnerable to such tactics by the pimp.

### 7. Brainwashing

Traffickers often manipulate or force their victims to reject family, and to distrust police and social workers. Typically, a pimp will frequently tell his girls they are inadequate without him.

### 8. Isolation

A trafficker usually restricts contact between his victim and their family members, friends or others who might advocate for them. The trafficker may also move her from place to place to keep her detached and to prevent her from making new connections with others. This enforced isolation makes it easier for the trafficker to control his victim.

### 9. Drugs and Alcohol

Use of drugs/alcohol was previously mentioned a risk factor because it puts young people in risky situations with diminished inhibitions and little ability to protect themselves from predators. But such behaviour can also lead to an addiction that drives the need to make “fast money”. Even for non-addicts, self-medication often becomes a means of coping, once in the sex industry. A trafficker may use drugs to increase a girl’s capacity for abuse (to be less resistant to client’s demands and/or to work longer hours) or to strengthen his control over her through dependency.

### 10. Blame

Traffickers constantly shift blame onto their victims. As a result, girls often blame themselves for what they have been involved in, regardless of their level of complicity.

### 11. Shame

Young women may feel great shame and guilt about their involvement in the sex industry. Traffickers leverage these emotions to strip away all confidence and self-respect from their victims.

### 12. Violence/Torture

Violence occurs frequently in the sex industry. It may be used to physically overpower the victim or achieve submission by pain compliance and fear. When perpetrated by a client, the control is temporary, but traffickers may use violence to bolster a lengthy exploitative relationship.

### 13. Emotional Abuse

While emotional abuse might seem less violent than physical abuse, it can have an even deeper impact by eroding and ultimately breaking down the will of a victim. While more of a factor for trafficked girls, the impact of the emotional abuse inherent in the industry will also impact those without pimps.

### 14. Threats

Traffickers often threaten their victims using a variety of techniques. Threats may range from physical violence to publically exposing the victim with pornographic images. When the threats directed at the victim become ineffective, a trafficker may threaten violence against her family members.

### ♂ 15. Trauma Bonds

Victims often develop a sense of dependency on their abusers and develop a deep loyalty to them. This happens when extreme abuse and control is alternated with affection, praise, or simply providing the necessities of life. Pimps sometimes call this “dogging” a victim; psychologists describe the phenomena as “trauma bonds” or “Stockholm Syndrome”.

### ♂ 16. Debt Bondage

Traffickers may demand repayment of supposed debts relating to living expenses, drugs/alcohol, purchased clothing/gifts or any number of things. Additionally, “leaving fees” are often levied for a victim who wants to sever ties with her trafficker.

### ♂ 17. Controlled Movements

While it’s rare in the Canadian context, human trafficking victims can be kept in locked rooms and escorted anywhere they go. However, it’s quite common that the movements of a trafficked person will be closely monitored. Traffickers may not always be present, but they may use electronic devices or task one victim with watching another very closely

### ♀♂ 18. Normalization

Over time, subhuman treatment will become normal to girls in the sex industry. They may gradually accept this as their lot in life. Their greatest sense of accomplishment may be in the fact that they’ve survived. By this point, few trafficked girls will remain convinced that their pimp holds the key to a better future. But they may also doubt they can make it on their own.

### ♀♂ 19. Fear of Rejection

Women leaving the sex industry often believe that nobody can or would want to help them. Most certainly, they fear judgement and mistreatment by others. For some, the fear of rejection will be a major obstacle to the process of rebuilding their lives.

### ♀♂ 20. Lack of Options

Some who are exploited in the sex industry may stay where they are because they don’t believe they have anywhere better to go. They may not feel they can return to the home environments they left; it’s unlikely they have trusted friends who they can turn to for help; and they may not be aware of suitable community resources to assist them in their transition out of the sex industry.

At first glance the above list might look like 20 reasons to despair, but it’s quite the opposite. It’s meant to help give clarity to family members and others as they work to end the exploitation of a daughter, a friend, or a client. Girls who enter the sex industry may bear some measure of culpability in their own demise. But before we disown them, it’s important to examine the full picture and look at the possible reasons for their behaviour. By understanding why they entered the sex industry and what keeps them there, we can formulate a more effective response. With the appropriate support, the possibility of exiting and recovery becomes much more realistic. While the past cannot be undone, there is always hope for future achievements. And there is great joy in seeing a young person experience healing, and embracing life as a survivor.

